

Care Companion Training Program

Online Course
via Zoom

Care Companion provides meal preparation, light housekeeping, laundry, grocery shopping, well-being support and companionship, and appointment assistance to older adults living in the community.

Admission Requirement:

We are looking for people who are passionate about supporting older adults to age in place. We conduct pre-admission screening and require vulnerable sector check.

Date & Time:

February 1, 2 & 3, 2021

Cantonese Program:

12:30 p.m. - 2:30 p.m. (Toronto Time)

Mandarin Program:

3:00 p.m. - 5:00 p.m. (Toronto Time)

Cost: \$99.00

Day 1

Introduction of Care Companion

- ◆ Role of Care Companion
- ◆ Working with Older Adults & Families

Day 2

Working as a Care Companion

- ◆ Meal Preparation
- ◆ Household Management

Day 3

Being the Best Care Companion

- ◆ Providing Optimal Support
- ◆ Health & Safety

Experiential Learning

(2 hours, to be scheduled)

Presented by



**Yee Hong Centre
For Geriatric Care**

頤康中心

In Association with



**INSTITUTE
FOR
CHANGE
LEADERS**



gaia
community care &
wellness society
佳頤中心



To apply or for more information

Tel: 905-597-9380

Email: caregiver.edu@yeehong.com

關顧者 訓練課程

Zoom 網上課程

主辦機構



**Yee Hong Centre
For Geriatric Care**

頤康中心

協辦機構



**INSTITUTE
FOR
CHANGE
LEADERS**



佳頤中心

關顧者照護住在社區的長者，為他們準備膳食、提供簡單的家居清潔、洗衣服、購物、陪伴、及協助看醫生。

入學要求:

我們正在尋找「三心兩意」的人—對待長者有愛心有耐心又細心，照護他們真情真意又全心全意。在參加課程前，報名者需通過篩選及提供有效的無犯罪記錄證明。

開課日期和時間:

2021年2月1日、2日、3日

廣東話課程:

下午12時半至2時半(多倫多時間)

普通話/國語課程:

下午3時至5時(多倫多時間)

費用: \$99

第一天

關顧者介紹

- ◆ 關顧者角色與責任
- ◆ 照顧長者及其家人

第二天

關顧者工作

- ◆ 膳食準備
- ◆ 日常家務

第三天

最佳關顧者

- ◆ 提供合適的照護
- ◆ 職業安全與健康

體驗式學習

(2小時, 需預約)



有興趣報名者或查詢詳情

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電郵: caregiver.edu@yeehong.com