

April 2023



Yee Hong Family and Visitor Information

Visiting Yee Hong LTC home during Pandemic

Yee Hong Centres

Finch

McNicoll

Markham

Mississauga

Yee Hong's Visitor policy will reflect the following guiding principles:

- **Safety** – any approach to visiting must balance the health and safety needs of residents, staff and visitors, and ensure risks are mitigated
- **Emotional Well-being** – welcoming visitors is intended to support the mental and emotional well-being of residents by reducing any potential negative impacts related to social isolation
- **Equitable Access** – all residents must be given equitable access to receive visitors, consistent with their preferences and within reasonable restrictions that safeguard residents
- **Flexibility** – the physical and infrastructure characteristics of the home, its workforce or human resources availability, whether the home is in an outbreak and the current status of the home with respect to personal protective equipment (PPE) are all variables to consider when setting home-specific policies
- **Equality** – residents have the right to choose their visitors. In addition, residents or their substitute decision-makers, as applicable, have the authority to designate caregivers

General Visits and Essential Caregivers

Ontario has gradually eased public health and workplace safety measures including removing mask mandate for public areas and transits. However, masking continues to be required for everyone visiting and working in long-term care homes to protect our vulnerable seniors.

The health and safety of our seniors and staff also continue to be Yee Hong's top priority. Staff, students, volunteers, caregivers, support workers, general visitors, and residents all have the responsibility to follow the home's safety measures for the health and safety of everyone.

Important notes on the Visitor policy:

- All general visitors are welcome. All visitors should self-screen for any signs and symptoms of COVID-19 before and during their visits. Visitors are NOT to come into the home if they are not feeling well or exhibit respiratory symptoms.

- Staff, students, volunteers, visitors, and caregivers must wear a medical mask for the entire duration of their shift or visit regardless of immunization status (including in the resident's room).
- Up to 4 visitors (including caregivers) are permitted in the resident's room at a time.
- Visitors expecting more than 4 people, family/caregiver will need to pre-arrange with the home to ensure a designated room is available for the visit to safely take place.
 - There is no time limitation for visits for group of 4 or less. For the designated room for more than 4 visitors, there is a limit of 60 minutes in order to accommodate others for their visits.
- Outdoor visits will resume (as weather permits).
- In the case where a resident resides in an area of the home in suspect or confirmed outbreak, up to 2 essential caregivers may visit at a time. No general visitors are allowed.

Although Yee Hong is no longer imposing mandatory vaccination for staff, students, volunteers, support workers, caregivers, and general visitors, we highly encouraged everyone to stay up to date with their COVID-19 vaccination by receiving all the recommended doses, including any booster dose(s) when eligible to protect themselves and those around them.

Types of Visitors

Caregivers are a type of essential visitor who are visiting the home to provide direct care to meet the essential needs of a particular resident. Caregivers must be at least 16 years of age and must be designated by the resident or his/her substitute decision maker. Direct care includes providing support or assistance to a resident (for example, eating, bathing and dressing) and/or providing social and emotional support. Caregivers are the only type of visitors allowed to come when there is an outbreak in the home.

Other types of essential visitors:

- People visiting very ill or palliative residents who are receiving end-of-life care for compassionate reasons, hospice services, etc.
- Government inspectors with statutory right to enter long-term care home to carry out their duties
- Support workers visiting a home to provide support to the critical operations of the home or to provide essential services to residents

General visitors are individuals who are not essential visitor and are visiting to provide non-essential services related to either the operations of the home or a particular resident or group of residents.

Those not considered visitors:

- Long-term care home staff
- Volunteers
- Student placements

Infection Prevention and Control (IPAC) Practices

Enhanced IPAC measures for visitors and caregivers can be found in the table below.

Area	Summary Requirements
Surveillance Screening and Testing	<ul style="list-style-type: none"> • Conduct self-screening for any signs and symptoms of respiratory illness (i.e., fever, cough, runny nose, sore throat, unexplained vomiting and/or diarrhea) before coming in to visit. Refrain from visiting if you are not well. • General visitors and caregivers entering the home are no longer required to perform asymptomatic Rapid Antigen Testing to enter unless directed. • During suspect/ confirmed outbreaks, the staff and visitors working/ visiting on the affected unit(s) will be required to conduct a rapid testing or as per the local Public Health Unit's direction. • Conduct frequent hand hygiene. <p><i>*Testing can also be considered if there is exposure to a confirmed case of COVID-19, if there is a COVID-19 outbreak in the home, or at the direction of the local public health unit.</i></p>
Visitors (general visitors and caregivers)	<ul style="list-style-type: none"> • Outdoor visits (where feasible): <ul style="list-style-type: none"> ○ Pre-scheduled visits will be required to ensure visiting station is available ○ Proper physical distancing between other groups of families visiting must be maintained throughout the visit. ○ If tolerated, residents are encouraged to wear a mask during the visit. • Indoor visits: <ul style="list-style-type: none"> ○ Allow up to 4 visitors in resident's room. ○ If more than 4 visitors are expected to visit a resident at one time, check with the home's visiting procedure first. <p>When a home is under suspected or confirmed COVID-19 outbreak, general visitors may not be permitted. Two essential caregivers will be allowed to visit the resident.</p>

<p>Masking</p>	<ul style="list-style-type: none"> • All visitors must wear the mask provided by the home and must remain wearing it for the entire visit including in the resident's room and while in any public or shared space within the home regardless of immunization status • Taking off the mask to eat when alone with the resident is not permitted. • Masks are not required outdoors. However, outdoor masking is still recommended and encouraged where tolerated as an added layer of protection when in close proximity to others. • Eye protection is available for visitors as needed. •
<p>Enhanced IPAC Measures</p>	<ul style="list-style-type: none"> • Prior to visiting, please review the home's infection prevention and control measures including proper use of personal protective equipment (PPE), masking and hand hygiene. Here are the links: <ul style="list-style-type: none"> ○ COVID-19 IPAC fundamentals training https://www.publichealthontario.ca/en/education-and-events/online-learning/ipac-fundamentals ○ Putting on full PPE https://www.publichealthontario.ca/en/Videos/I/2021/IPAC-FullPPE-On ○ Taking off full PPE https://www.publichealthontario.ca/en/Videos/I/2021/IPAC-FullPPE-Off ○ Wearing an N95 mask https://www.youtube.com/watch?v=ikrpLxt5oCA ○ How to hand wash https://www.publichealthontario.ca/en/Videos/I/2021/IPAC-Handwash ○ How to hand rub https://www.publichealthontario.ca/en/Videos/I/2020/IPAC-Handrub

For the protection of our residents and staff, please follow these best practices. If at any time a visitor fails to follow these safety practices, we will be forced to discontinue future visits:



Clean your hands. When you arrive, clean your hands using hand sanitizer, rubbing thoroughly over all areas of your hands.



Wear a mask. You **MUST** wear your mask provided to you by the home at **all times** during the visit. Children under the age of two are not required to wear a face mask.



You MUST stay in the homes designated visit areas. To beat COVID-19, we need to continue to follow public



health advice. Please help our staff by keeping to designated visiting areas in the home.

You MUST maintain physical distance (2 metres).



Clean your hands (again). Before you leave, clean your hands thoroughly using the hand sanitizer.

We thank you for your cooperation. Your visits mean the world to our residents. Thank you for helping make everyone's visit successful and safe.

All visitors must only visit the resident they are intending to visit and no other resident. The visiting hours are from 8am to 6pm, 7 days a week. No scheduling is required unless there will be more than 4 visitors visiting at one time or planning an outdoor visit. We highly recommend avoiding visits during staff shift change to reduce line up at the screening and testing centre (between 9am to 9:30am and 2:30pm to 3:30pm).

Communication for updated Information

Yee Hong has developed a process for communicating updated information for, families, visitors and staff using multiple communication channels such as intranet, website, newsletter, and emails to staff and families. Please visit <https://www.yeehong.com/covid-19/>

If you have any further questions, please contact your loved ones at Yee Hong Centre directly.

While visiting residents, please note:

The health and safety of the residents, their families and the well-being of our staff members is our top priority.

The home maintains **zero tolerance** for any failure to comply with the guidelines for outdoor and indoor visiting or any actions that may place the health and safety of residents, staff or families at risk. If visitors do not adhere to the protocols put in place, our staff will have to discontinue the visitation.

Definition:

Up to Date COVID-19 Vaccine means a person has received all recommended doses, including any booster dose(s) when eligible. Refer to “Quick Reference: COVID-19 Immunization Series and Recommended Intervals for Individuals 6 Months of Age and Older”. Also see link to Health Canada’s website for a list of COVID-19 vaccine authorized by Health Canada: <https://www.canada.ca/en/health-canada/services/drugs-health-products/covid19-industry/drugs-vaccines-treatments/vaccines.html>

Quick Reference: COVID-19 Immunization Series and Recommended Intervals for Individuals 6 Months of Age and Older



Table 1: Age Categories and Intervals for COVID-19 Vaccination

Age	Recommended Intervals ¹	Minimum Intervals
6 months to 4 years	<p>Primary Series</p> <p>Monovalent Pfizer-BioNTech (3 mcg)</p> <ul style="list-style-type: none"> • 2nd dose, 56 days after 1st dose • 3rd dose, 56 days after 2nd dose <p>Monovalent Moderna (25 mcg)</p> <ul style="list-style-type: none"> • 2nd dose, 56 days after 1st dose <p>Booster Doses – not eligible</p>	<p>Primary Series</p> <p>Monovalent Pfizer-BioNTech (3 mcg)</p> <ul style="list-style-type: none"> • 2nd dose, 21 days after 1st dose • 3rd dose, 56 days after 2nd dose <p>Monovalent Moderna (25 mcg)</p> <ul style="list-style-type: none"> • 2nd dose, 28 days after 1st dose <p>Booster Doses – not eligible</p>
Immuno-compromised individuals 6 months to 4 years	<p>Primary Series</p> <p>Monovalent Pfizer-BioNTech (3 mcg)</p> <ul style="list-style-type: none"> • 2nd dose, 56 days after 1st dose • 3rd dose, 56 days after 2nd dose • 4th dose, 56 days after 3rd dose <p>Monovalent Moderna (25 mcg)</p> <ul style="list-style-type: none"> • 2nd dose, 56 days after 1st dose • 3rd dose, 56 days after 2nd dose <p>Booster Doses – not eligible</p>	<p>Primary Series</p> <p>Monovalent Pfizer-BioNTech (3 mcg)</p> <ul style="list-style-type: none"> • 2nd dose, 21 days after 1st dose • 3rd dose, 56 days after 2nd dose • 4th dose, 56 days after 3rd dose <p>Monovalent Moderna (25 mcg)</p> <ul style="list-style-type: none"> • 2nd dose, 28 days after 1st dose • 3rd dose, 28 days after 2nd dose <p>Booster Doses – not eligible</p>

Age	Recommended Intervals ¹	Minimum Intervals
5 years and older	<p>Primary Series</p> <ul style="list-style-type: none"> • 2nd dose, 56 days after 1st dose <p>Booster Doses</p> <p>6 months (168 days) after last dose</p>	<p>Primary Series</p> <ul style="list-style-type: none"> • 2nd dose, 28 days after 1st dose <p>Booster Doses</p> <p>3 months (84 days) after last dose</p>
Immuno-compromised individuals 5 years and older	<p>Primary Series</p> <ul style="list-style-type: none"> • 2nd dose, 56 days after 1st dose • 3rd dose, 56 days after 2nd dose <p>Booster Doses</p> <p>6 months (168 days) after last dose</p>	<p>Primary Series</p> <ul style="list-style-type: none"> • 2nd dose, 28 days after 1st dose • 3rd dose, 28 days after 2nd dose <p>Booster Doses</p> <p>3 months (84 days) after last dose</p>

How to handwash

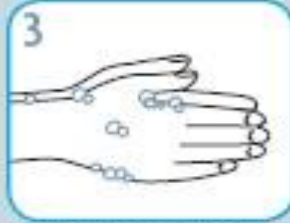
Lather hands for 15 seconds



1 Wet hands with warm water.



2 Apply soap.



3 Lather soap and rub hands palm to palm.



4 Rub in between and around fingers.

Lather hands for 15 seconds



5 Rub back of each hand with palm of other hand.



6 Rub fingertips of each hand in opposite palm.



7 Rub each thumb clasped in opposite hand.



8 Rinse thoroughly under running water.



9 Pat hands dry with paper towel.



10 Turn off water using paper towel.



11 Your hands are now safe.



**JUST CLEAN
YOUR HANDS**



HOW TO WEAR A SURGICAL MASK



WASH YOUR HANDS
BEFORE
WEARING A MASK



ENSURE THE PROPER
SIDE OF THE MASK
FACES OUTWARDS



LOCATE THE METALLIC
STRIP AND PLACE IT
ON THE NOSE BRIDGE



SECURE THE STRINGS
BEHIND YOUR HEAD
OR OVER YOUR EARS



COVER MOUTH
AND NOSE FULLY
MAKING SURE THERE
ARE NO GAPS



PRESS THE METALLIC
STRIP TO FIT THE SHAPE
OF THE NOSE



REMOVE THE MASK
FROM BEHIND BY
HOLDING THE STRINGS
WITH CLEAN HANDS



DISPOSE THE MASK IN
A CLOSED BIN WITHOUT
TOUCHING THE FRONT



SURGICAL MASK
PLACED CORRECTLY



DO NOT TOUCH THE
MASK WHILE USING IT,
IF YOU DO
WASH YOUR HANDS



REPLACE THE MASK
IF IT GETS DAMP
AND DO NOT REUSE IT



COVER YOUR COUGH

Stop the spread of **germs** that can make you and others sick!

Public Health
Ontario

Santé
publique
Ontario



Cover your mouth and nose with a tissue when you cough or sneeze.

Put your used tissue in the waste basket.



If you don't have a tissue, cough or sneeze into your upper sleeve or elbow, not your hands.



You may be asked to put on a facemask to protect others.



Wash hands often with soap and warm water for 15 seconds.

If soap and water are not available, use an alcohol-based hand rub.

For more information contact Public Health Ontario's Infection Prevention and Control Department at ipac@oahpp.ca or visit www.publichealthontario.ca/en/health-topics/infection-prevention-control/clinical-office-practice.

This is an excerpt from Infection Prevention and Control for Clinical Office Practice