

Yee Hong Newsletter



February 2021

Interim CEO Message



San Ng

Dear families

I'm excited to tell you Yee Hong staff and residents received thousands of vaccine doses in January. Our four Centres were given a place at the front of the line and the clinical team jumped into action. With only a few days' warning we provided education, signed consent forms and organized clinics with our vaccine partners. In January we took giant steps to reduce the threat from COVID-19 at Yee Hong Centres.

Almost all our residents received their first dose of the Moderna vaccine this month, more than 90% of everyone living in our homes. Staff members have been receiving either Moderna or Pfizer- BioNTech vaccines, and some have already had the second dose required to reach immunity.

The pandemic feels like a marathon and a sprint at the same time for my team. The pace is fast and changes come quickly, and at the same time we need endurance to keep running for months at a time.

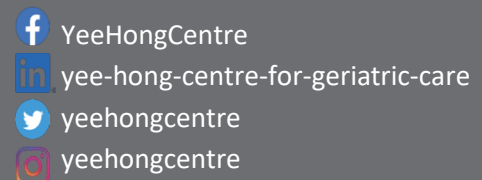
We're fortunate to have strong and skilled people working in clean and safe clinical spaces. Other seniors care organizations know we build and operate great facilities and they have been reaching out to us for advice.

An inspector from the LHIN complimented the COVID -19 precautions at our Mississauga home, calling our Centre one of the best she had seen. We appreciate this praise because we've earned it. At the same time we'll stay focused on the finish line, when everyone in our Centres is safe from the virus and we can welcome all our families and friends back in to celebrate.

COVID-19 isn't finished yet, and in Ontario we still have a long way to go. Although the government will require masks and distance and frequent COVID-19 testing for many more months, soon we will be able to breathe easily. This is a good start to 2021.



Yee Hong will be the model of excellence in culturally appropriate seniors care
www.yeehong.com



臨時首席行政總監的話



伍倩文

親愛的家屬

我很高興與大家分享這個消息 - 上千名頤康員工及院友已在 1 月份接種了新冠疫苗。四家頤康中心的長者及護理人員成爲最優先接種對象。在短短的几天內，我們在護理院進行了疫苗教育，簽訂接種同意書，並與疫苗工作組合作。過去的一個月，頤康中心在降低新冠病毒傳播方面邁出了一大步。

超過 90%的院友已經接種了第一針莫德納新冠疫苗。一部分中心員工接種了輝瑞疫苗，也有一部分接種莫德納疫苗，其中有一批員工已經打了免疫所需的第二針新冠疫苗。

新冠疫情對我們來說，如一場馬拉松，又好像一場短跑。疫情的發展速度十分迅猛，與此同時，我們需要耐力，連續幾個月與之對抗。頤康很幸運有一群專業及富有愛心的護理團隊一直守護著長者。

我們亦收到其它長期護理院的諮詢，藉鑒頤康如何在疫情期間良好地維護中心運作的經驗。

一位本地醫療整合網絡的調查人員到訪頤康密西沙加中心時稱讚道，這是他見過的防疫措施做得最好的機構之一。我們對此感到驕傲，因爲我們的付出得到了認可。同時，我們也會堅守到終點。等到四家中心的每個人都安全時，歡迎家屬及頤康的朋友與我們一同慶祝。

疫情仍在繼續，安省民衆還有一段艱難的抗疫旅程。在未來的幾個月，政府規定我們仍要佩戴口罩，保持安全距離，並定期接受新冠病毒檢測。但我們相信，希望就在眼前。2021 年，一切都會好起來。



Yee Hong Centre - Scarborough McNicoll, 2311 McNicoll Avenue, Scarborough
Yee Hong Centre - Ho Lai Oi Wan Centre, 2780 Bur Oak Avenue, Markham
Yee Hong Centre - Mississauga, 5510 Mavis Road, Mississauga
Yee Hong Centre - Scarborough Finch, 60 Scottfield Drive, Scarborough

According to the Chinese New Year calendar, 2021 is the Year of the Golden Ox. A Chinese New Year celebration in each Yee Hong Long term Care Home is the most important festival celebration of the year. This year due to the Pandemic, our celebration will be different. However, it will not affect the nature & spirit of our celebration. The Activation Team at each Centre has creatively planned various celebration activities as follows:

- Finch Centre: Chinese New Year Market welcomes residents with various game booths such as Lucky Spin Wheel, a fortune-telling booth, Chinese New Year food and decorations.
- McNicoll Centre: Celebrations will last from Lunar 1st Day to the 7th Day. Programs will include calligraphy on red paper for words of blessings, Chinese New Year Crafts, a Sing Along, games and gifts, a birthday party and Chinese New Year Bingo.
- Markham Centre: Celebrations will last for 15 days with various activities set up on each Unit every day. Activities include calligraphy on red paper for words of blessings, Lucky Spin Wheel, board games, making Chinese New Year crafts, Word Search on Blessing Phrases and telling Chinese horoscopes. We will also enjoy Chinese New Year videos and music videos to celebrate.
- Mississauga Centre: This year we will host a chat group about Chinese New Year rituals and complete Arts and Crafts including words of blessings and paper cut art on red paper. We will also enjoy a Chinese New Year couplets competition, Chinese New Year snacks, a Sing Along with Chinese New Year songs and a Chinese New Year Bingo Game.

2021 年是農曆金牛年。每年，農曆迎新活動是四間頤康中心最主要的節慶活動。由於疫情的關係，今年的活動形式將有所不同，但這不影響我們分享節慶的喜悅。四間護理院的活動組發揮創造力，策劃了豐富多樣的活動如下：

- 芬治中心：春節市集設立各種遊戲攤位歡迎住客參加，例如幸運旋轉輪、算命攤位、農曆新年食品以及裝飾品等。
- 麥瀝高中心：慶祝活動將從新年第一天開始，持續 7 天。活動包括寫揮春、生日派對以及新年泵波拿遊戲。
- 萬錦中心：舉行 15 天的春節慶祝活動，包括：寫揮春、幸運旋轉輪、棋盤遊戲、製作新年手工藝品；祝賀詞語對對碰及牛年運程講座。長者還將觀看賀年電視節目及欣賞音樂。
- 密西沙加中心：將開設有關農曆新年禮節的聊天小組，製作手工藝品；長者可以互動發送祝福並分享剪紙藝術品。中心還將進行新年對聯比賽、品嚐新年小吃；欣賞新年歌曲及泵波拿遊戲等。



Essential Visits

The government declared a provincial emergency effective Thursday, January 14, 2021, requiring everyone to remain at home. The government permits some activities including going to work where the work cannot be done remotely.

Under the regulation certain businesses are permitted to open and that includes delivery of long-term care in Yee Hong's four Centres, our home care services and personal support services to seniors. Other healthcare and regulated health professionals continue to work during the Stay-at-Home Order.

These enhanced measures do not impact the current requirements for essential visits to long-term care homes. For essential visitors, please be noted that:

- Only one caregiver per resident can visit at a time .
- Prior to your first care giver visit and ongoing on a monthly basis, the visitors will be asked to view the Public Health Ontario family visiting LTC link and onsite training by the screener or ADRCs.
- All the essential visitors will be provided a surgical/procedure mask and a washable gown to wear at the entrance.
- All visitors will be asked to have a negative COVID-19 test that is within a 7 day period on the day of the visit.

必要探訪

自 1 月 14 日 (周四) 凌晨 12 點起, 省府的緊急居家令生效。民衆必須在任何時候留在家裏, 除非是必須出門, 其中包括無法遠程完成的工作。

根據該法規, 某些機構被允許開放, 包括提供長期護理服務的四間頤康中心、我們的家居護理服務以及為長者提供的個人護理支援服務。其它醫療保健機構及專業的醫護人員將繼續工作。

居家令並不影響目前長期護理院內實行的必要探訪的要求。對於必要關顧者, 請注意:

- 每位院友每次只能有一位必要關顧者探訪
- 如是每月一次的探訪, 在首次探訪前, 關顧者將被要求閱讀安省公共衛生部的長期護理院家屬探訪細則, 檢測台或助理護理總監還將對探訪者進行相關培訓
- 中心將為每位訪客提供醫用外科口罩以及防護服
- 所有探訪者必須攜帶在探訪日前 7 天之內的新冠測試呈陰性的報告



Vaccination accelerated in January

During the pandemic's second wave, vaccines offer us a lifeline. The first shipments of the Moderna vaccine were administered to consenting and eligible residents in all four homes during the week of January 10. A second dose is required to reach effective immunity. LHIN and Public Health plan to administer second doses in February at each Yee Hong Centre.

Yee Hong encourages all employees to enrol for vaccines. More than one thousand doses were administered to staff in December and January. Employees in long-term care, Home Support Services, Administration and elsewhere are all eligible. Although Canadian deliveries of the Pfizer-BioNtech vaccine were briefly interrupted in January, our employees will not see a delay receiving their second doses.

Everyone in Ontario makes a personal choice to vaccinate because these treatments are not mandatory. Some people will opt out, and other residents and employees will be ineligible to receive the vaccine because of their personal health. In all our homes we are planning for a small number of people who will not be protected by vaccines.

The scientific evidence shows the vaccine is safe and highly effective to prevent COVID-19 disease but it has not yet been shown if a vaccinated person can transmit the virus. Masking and IPAC measures will continue in our Centres for the foreseeable future, and weekly surveillance testing for all staff is still required by Public Health in all long-term care homes.

Our community can be proud Yee Hong's resilience after all these months of pandemic pressures. Now that vaccines are here in Ontario we see light at the end of the tunnel. Based on uptake so far from staff and residents, and our experience with annual influenza vaccination, we know we will soon have very high immunity against COVID-19 in our Centres.



Yee Hong seniors receiving the vaccine.

From your Friends at Yee Hong Scarborough Finch Family Council

Happy Chinese New Year ! New Year, New Hope and
New Start !

For the residents' safety and protection, this year we cannot personally visit and celebrate the Chinese New Year with you during COVID-19 pandemic lockdown.

To usher in this Golden Year of the Ox, the Finch Family Council has a token gift for all the residents – Chinese New Year red packet (Lai See) contains a Gold Coin chocolate. We asked the Yee Hong Management to distribute on our behalf. Bright red 'Lai See' with Gold Coin chocolate, symbolizes Good Wishes, Good Fortune and Good Luck for the New Year ahead.

We wish everyone a New Year filled with good health, happiness, love and peace. May all your wishes come true.

Stay safe and stay healthy everyone.



新冠疫苗接種

一月份加速接種疫苗

在第二次新冠流行期間，疫苗為我們帶來了希望。在1月10日這一週中，四家頤康中心合格並同意接種疫苗的長者已打疫苗。抗體將在第二針疫苗接種後達到最有效。地方醫療整合網絡及公共衛生部門已計劃於二月開始為頤康中心院友進行第二針接種。

頤康鼓勵所有員工接種疫苗。在去年12月及今年1月份，已向中心員工派發了1000多劑疫苗。在長期護理院的工作人員以及家居服務部、行政部及其它部門的員工都有資格接種。儘管加拿大在1月份面臨輝瑞疫苗短期的問題，但頤康員工接種第二針疫苗的進展不會延誤。

安省居民接種疫苗屬於自願的形式。部分居民及員工也許暫時選擇不接種，也有一部分人因個人健康原因無法接種。在頤康中心也許會有小部分人不受疫苗保護。

科學證明疫苗安全有效，可防止新冠病毒疾病，但尚未表明疫苗接種者是否仍會攜帶並傳播病毒。在未來幾個月，我們四家中心仍將實施嚴格的防疫措施。公共衛生局仍要求所有長期護理院對所有員工進行每周一次的新冠病毒檢測。

過去幾個月中，頤康在應對大流行工作中取得了不錯的成果。如今，疫苗運抵安省，也讓我們看到了希望。根據目前員工接種疫苗的比列，以及每年我們進行流感疫苗接種的經驗，我們相信很快在護理院內將產生很高的免疫力。



頤康長者正在接種疫苗

頤康士嘉堡芬治中心的院友及家屬：

新春快樂！新年，新希望，新起點！

在今年疫情期間，為了院友的健康安全，我們無法探訪中心，與大家一同慶祝農曆新年。

頤康芬治中心家屬委員會向所有院友準備了節日禮物 - 新年利是紅包（內含金幣巧克力）。我們委托中心管理層代表分發給院友。紅色的利是包和金幣巧克力象徵著對新年的祝福和願景。

在此，祝大家新年快樂、身體健康、闔家幸福、萬事如意！

保持安全、保持健康。

頤康士嘉堡芬治中心家屬委員會



DRAGON BALL 2021

TRANSITIONS TO A VIRTUAL GALA



Yee Hong Foundation invites you to the exciting and unique experience of Dragon Ball 2021, a virtual celebration of the Chinese New Year of the Ox on Saturday, February 13.

COVID-19 has changed how we raise money for Yee Hong, but there is hope on the horizon with the vaccines. By the summer, we hope life will return to normal and our Capital Campaign for three new long-term care homes will roar to life.

Dragon Ball is the most important fundraising event for Yee Hong. Every year, the event brings in much-needed funds to develop and maintain our programs and services. Since we cannot gather together in person, Dragon Ball will be held as a virtual gala this year.

Join us for a fantastic evening of spectacular entertainment, including a cooking demonstration by Demon Chef Alvin Leung and Masterchef Eric Chong, and performances by the Canadian Opera Company and Hong Kong Dance Company. The online show is open to the public. The livestream will start at **8pm, February 13** on Yee Hong Foundation's and A1 Chinese Radio's Facebook and YouTube pages, as well as iQIYI North America platform.

For the full Dragon Ball 2021 experience, we are selling VIP tickets at \$600 each. Each ticket includes a \$150 gift certificate from one of our food partners, a tax receipt for \$400, and a Chinese New Year gift bag. To purchase tickets, visit www.yeehongdragonball.org or call 416-321-0777.

雲端「龍宴」 大年初二閃亮登場

頤康基金會邀請您於2月13日(大年初二)參與2021「龍宴」綫上慈善晚會。在疫情的特殊期間，足不出戶，與我們一同慶祝農曆新年，並為頤康的服務及擴建籌款。

儘管疫情為籌款帶來許多阻礙，但我們從未停下腳步。疫苗的出現也令人看到了希望，但願人們的生活和工作將在今年夏天逐步重啟。屆時，頤康也將啟動興建新院的大型籌款運動。

「龍宴」是頤康最重要的籌款活動，善款用於維持中心的長者服務，以及支持頤康的發展計劃。

今年，在疫情的重壓之下，基金會為大家帶來驚喜，隆重推出超水準的雲端「龍宴」。90分鐘的精彩節目包括廚魔Alvin Leung及「廚神當道」加拿大冠軍Eric Chong帶來的廚藝對對碰、加拿大歌劇院、香港舞蹈團、男神肖戰、及香港歌手鄭欣宜的演出等。

綫上晚會面向公眾，將於**2月13日(周六) 晚8點**通過多個網絡平台播出，包括頤康基金會Facebook及YouTube頻道、星島A1中文電台社交媒體頻道、愛奇藝北美站等。

為了籌募更多善款，晚宴設愛心VIP票，每張\$600（內含價值\$150美食抵用券；\$400退稅收據以及新年禮包）。購票或詳情，請訪問www.yeehongdragonball.org或致電416-321-0777。

Buy VIP ticket, and enjoy great food from one of our culinary partners:

- R&D Spadina – Place takeout order from an Asian fusion restaurant in Toronto's Chinatown
- T&T Supermarket – Bring home a whole roast suckling pig or a Deluxe Seafood Platter
- Seamax Wholesale – Select a box of premium seafood



購愛心VIP票，品美味佳餚(以下選其一)：

- R&D Spadina – 品嚐多倫多最具特色的創意亞洲風味餐
- 大統華超級市場 – 預定传统港式乳豬或海鮮拼盤
- 海馬·海鮮直供 – 訂購頂級生鮮食材



Yee Hong Community
Wellness Foundation
頤康基金會

DRAGON BALL 2021



Yee Hong Community
Wellness Foundation
頤康基金會

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