



Yee Hong Peter K Kwok Hospice Virtual Support Programs

Yee Hong Peter K Kwok Hospice
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Fax: 416-814-3453

*...we will walk with you on this
difficult journey...*

Virtual Volunteer Companion Support Program

For Who: terminally ill individuals with a prognosis of up to 18 months, caregivers, bereaved individuals

Description: provide emotional support and relieve feelings of loneliness and isolation

Format: a trained volunteer will make contact over the phone/virtually on a weekly basis

Time: flexible scheduling

Virtual Palliative Support Program

For Who: terminally ill individuals with a prognosis of up to 18 months

Description: share & discuss challenges that the individuals are facing, coping strategies, cultural implications, symptom management

Format: online group sessions, 6 total weekly meetings (45 min - 1 hour each)

Virtual Caregiver Support and Education Program

For Who: Caregivers/key supporters taking care of a loved one with a terminal illness

Description: share & discuss caregiver stress management, cultural implications, resources, coping strategies, anticipated grief, recognize achievements....

Format: online group sessions, 8 total weekly meetings (1.5 hrs each)

Virtual Bereavement Support Program

For Who: bereaved family members/key supporters

Description: share & discuss the process of grief, self-care, new identity, cultural implications, legacy, celebration of life....

Format: online group sessions, 6 total weekly meetings (1.5 hrs each)

Note: Our programs may be offered in other languages based on cohort demand.

For details regarding the content of each program, please refer to the relevant information sheet.

For **all programs**, please submit the completed application form:

Fax: 416-814-3453 OR Email: hospice@yeehong.com

For any further inquiries, including dates and times of the programs, please contact:

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