

義心頤情

Enchanted



**Yee Hong Centre
For Geriatric Care**

頤康中心

Jan 2020
Volunteer Newsletter

2020 IS HERE!

Happy New Year!

Yee Hong Volunteer Department sincerely wishes you and
your family Great Joy and Prosperity in the New Year!

Ontario Volunteer Service Awards 2019

On Monday November 25th, 2019, the Ontario Volunteer Service Awards recipients from different centres and divisions of Yee Hong attended the awards ceremony organized by the Ministry of Citizenship and Immigration.

This year we have 54 volunteers who are recipients of the OVSA, including:

- 25-year service award: 1 volunteer
- 20-year service award: 1 volunteer
- 15-year service award: 4 volunteers
- 10-year service award: 7 volunteers
- 5-year service award: 23 volunteers
- Youth award: 18 volunteers

Congratulations to all award-winning volunteers, and we sincerely appreciate all our volunteers for their dedicated support to our services!



Recipients of Ontario Volunteer Service Awards 2019 at Yee Hong

Au, Tony	Chiu, Sandra	Kwong, Natalie	Lim, Catherine	Siu, Johnny	Yau, Lim Fai
Chan, Ryan	Chiu, Wanda	Lam, Alice Ngai Lai	Lok, Patrick	Tang, Ellen Lai Yee	Yip, Margaret
Chan, Tracy	Duong, Timothy	Lam, Kwai Fong	Ma, Cathy	Tang, Grace	Yu, Jacqueline
Chen, Jason	Fung, Grace An Hui	Lam, Sum Ming	Ma, Coco Xiu Jin	Tang, Harold	Yu, Shirley
Cheng, Grace	Fung, Thomas Kwok Cheung	Lee, Angela	Mak, Derek	Tsang, Hong Chai	Yu, Winston
Cheng, Victor	Ho, Christine Pui Shan	Lee, Kelly	Pang, Cecilia Wai Sun	Tse, Samantha	Yue, Cecilia
Cheung, Kenny Yiu Tak	Huang, Candice Xin Ying	Lee, William Wood Lam	Qiu, Tian Xiao	Wong, Karen	Yuen, Gloria
Cheung, Susan Soo Ha	Ip, Grace	Li, Daniel Wing Chung	Quach, Trung Nam	Wu, Jessica	Zheng, Alice
Chiu, Billy	Jin, Zhong Ming	Liang, Jean Jun	Siu, In Kuan Mandas	Yau, Edmund Kue Suen	Zhu, Marc Rui Hua

Upcoming **FREE** Workshops for Volunteers

In 2020, Yee Hong's Volunteer Department will continue to work with the Caregiver Education and Support Services to provide at least one specific workshop in each quarter for **free** to our volunteers. Yee Hong volunteers can also have **50% off** the rest of the caregiver workshops and its annual membership (*Eligibility: Registered volunteers with Yee Hong Centre and have provided over 10 hours of services. Not applicable to special events and/or material costs for certain workshops*).

As we are developing a series of workshops with a focus to better support our volunteers in their volunteer roles or family caregiving duties, if you have any suggestion on which topics will be most helpful to you, please don't hesitate to let us know!

WORKSHOP FOR CAREGIVERS & VOLUNTEERS

DOES FORGETFULNESS MEAN DEMENTIA?

Date: January 23, 2020 (Thursday)

Time: 3:00pm - 4:30pm

Language: Cantonese

Speaker: Mr. Nicky Lam (Registered Social Worker)

Venue: Art and Craft Room,
Yee Hong McNicoll Centre

FREE of Charge

Please contact volunteer department to register

WORKSHOP FOR CAREGIVERS & VOLUNTEERS

How to Stop Saying Yes When You Want to Say No

Date: March 11, 2020 (Wednesday)

Time: 3:30pm - 5:00pm

Language: Cantonese

Speaker: Mr. KY Liu

Venue: Yee Hong McNicoll Centre

FREE of Charge

Please contact volunteer department to register

BECOME A VOLUNTEER

You can make a HUGE difference!

Benefits of Volunteering

- **Make a difference!** Volunteering can have a real and valuable positive effect on people, communities and society in general.
- **Meet people!** Volunteering can help you meet different kinds of people and make new friends.
- **Gain confidence!** Volunteering can help you gain confidence by giving you the chance to try something new and build a real sense of achievement.
- **Be part of a community!** Volunteering can help you feel part of something outside your friends and family.
- **Learn new skills!** Volunteering can help you learn new skills, gain experience and sometimes even qualifications.
- **Have fun!** Most volunteers have a great time, regardless of why they do it.

Recently, we are in major need of
volunteers for **dining aid**, **friendly visiting**
and **volunteer drivers**.
Invite your friends to join!

Volunteer Orientation Sessions in January to March, 2020

McNicoll Centre	Jan. 11 Feb. 8 Mar. 14	2:30 - 5:00 p.m.
Markham Centre	Jan. 17 Mar. 27	4:00 - 6:00 p.m.
Finch Centre	By appointment	
Mississauga Centre		

Contact us and register for an orientation!

Yee Hong Centre – McNicoll & Markham

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